

Gratitude Journal



W/C ___ / ___ / _____

MY WORD OF THE WEEK:

HOW CAN I MAKE THIS WEEK AMAZING?

DAILY GRATITUDE
3 THINGS I AM GRATEFUL FOR

M

- 1.
- 2.
- 3.

T

- 1.
- 2.
- 3.

W

- 1.
- 2.
- 3.

T

- 1.
- 2.
- 3.

F

- 1.
- 2.
- 3.

S

- 1.
- 2.
- 3.

S

- 1.
- 2.
- 3.

GREAT THINGS THAT HAPPENED THIS WEEK

Why did they go well?

I GIVE THANKS TO... People-things-events-places